Fran’s Life and Legacy Still Making an Impact

When a mom begins our program she reads, *The Sheepfold*, a book that tells of the life and legacy of our founder Fran Lundquist. Like most moms that come through our program Fran experienced a life that included abuse, abandonment, and brokenness. Fran’s faith in the Lord made her capable of turning that brokenness into a ministry that has impacted countless women and children. Time and time again I have watched residents find comfort and healing through reading this book. Recently, a woman in our shelter told me she had never related to someone’s life in the same way she was able to relate to Fran’s life. Below is a comment from her after reading Fran’s book:

“Reading *The Sheepfold* book was kind of difficult and very emotional for me because a lot of the things that Fran Lundquist went through, I have also gone through. The fact that a woman who was so broken and had been through so much didn’t turn to the world, but turned to God instead, is amazing.

Reading the stories in this book were very touching and made me thankful that I was able to get out of my abusive situation and am now receiving help to get my life back together. Although Fran is gone, I just want to say how blessed I am to be here in one of the homes that she created. I look forward to doing what she did because it has made a positive impact on so many women’s lives.”

—Mary, Sheepfold Mom

God’s power shown through the life and faith of Fran Lundquist is still making an impact. As women today see how God is able to take such utter brokenness and change that into something beautiful, they are filled with courage at the thought that God could do the same for them.

The walls of The Sheepfold were built of Fran’s understanding that God could change even the most broken situation, and turn it into something beautiful. I pray that every woman that walks through the doors of The Sheepfold is able to see God and experience the same life transformation.

—Christina, House Manager

“And we know that for those who love God all things work together for good, for those who are called according to his purpose.”

—Romans 8:28
Casey’s Story . . .

Most people have heard my story and know I was once a Sheepfold resident and that for the last four years I have been a Sheepfold House Manager. In early 2014 I was approved as a Partner Family to buy a Habitat for Humanity home. It’s now my fourth month in my new home and although the waiting was way longer than expected, I know that God’s timing was just right and I am so very grateful for this amazing blessing. Every little detail of this experience with Habitat for Humanity has given me so much joy.

From raising the walls, to writing scripture on the frame, to painting, caulking and hammering, so many people, including family, friends and fellow Sheepfold staff took part in building this home for me and my kids.

This house we now get to call our home has such a personal imprint on it. I have seen God’s protection throughout. Two hundred and fifty plus hours of sweat equity along with working full time and being a single mom were all accomplished this past year and a half. I also had three surgeries during that time and had to be on disability briefly, but because of God and people’s prayers here we are. I know this is just the beginning of the next part of my story.

In July we had a home dedication where I was presented with the keys and all my loved ones came to support us. It was amazing having so many people that love and support my family there for us.

In all of this I am reminded that every good and perfect gift is from Him. I am reminded daily of Fran and her faithfulness in following God’s plan for her life and this ministry. I am thankful that I not only get to be one of the many women whose life has been changed but that I also get to participate in helping more women and children’s lives be changed by being a House Manager at Sheepfold.

—Casey, House Manager

“Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.”

— James 1:17
Over the last year or so we have connected with Regenerate Church in Westminster. When they contacted me a few months ago asking if we had any projects they could help with, I threw out the idea of painting one of our apartment units. I never assume a group will pick a huge painting project, but to my surprise, Christie, the Outreach Coordinator at the church, said they would take on the project. Little did I know they would take on more than a painting project!

I met with Christie to show her the apartment and she shared with me that she is a Designer for an interior architecture firm and that if we were interested maybe the group from the church could do more than just paint the walls. As the conversation unfolded I found her suggesting putting new hardware on the cabinets and drawers, taking furniture from our thrift store and refinishing it, and adding just the right pieces of art and decor to make the apartment feel homey. All I could say, was, “Yes, of course!”

So began the Rehab Project on Unit #10 at our Second Step Facility in Orange County. This apartment has gone from needing some love to looking like a model home with a cozy family feel. Dozens of volunteers worked for hundreds of hours to transform this living space into a home. We Thank You for your generous support!

~Erin, Volunteer Coordinator
“I am not writing you a new command but one we have had from the beginning. I ask that we love one another.”

—2 John 5

Dear Donors,

We just want to thank you for all the Christmas gifts. It was so thoughtful of you. Our Christmas was full of joy and laughter—many thanks to you!!

Much Love,

A Sheepfold Family

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A BIG Shout Out of Thanks to Custom Comfort and KWVE for sponsoring Christmas toy drives for our Sheepfold kids!!!

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